

STAR Interview Preparation Checklist

- Identify 15 career stories covering leadership, conflict, failure, teamwork and success.
- Write Situation in under three sentences.
- State the Task clearly.
- Focus on your individual Actions.
- Quantify Results whenever possible.
- Practice every answer aloud.
- Prepare 3 follow-up details for each story.
- Review company values before the interview.
- Bring questions for the interviewer.
- Review your stories one hour before the interview.